

Beginning Sept. 11th	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 6:00am	Fitness on Demand Available 5:30am - 5:30pm	Fitness on Demand Available 5:30am - 5:30pm	Fitness on Demand Available 5:30am - 6:00pm	Fitness on Demand Available 5:30am - 5:30pm	Fitness on Demand Available 5:30am - 9:00pm		
6:00 - 6:30am							
6:30 - 7:00am							
7:00 - 7:30am							
7:30 - 8:00am							
8:00 - 8:30am						Fitness on Demand Available 8:00am - 1:00pm	
8:30 - 9:00am							
9:00 - 9:30am							
9:30 - 10:00am							
10:00 - 10:30am							
10:30 - 11:00am							
11:00 - 11:30am							
11:30 - 12:00pm							
12:00 - 12:30pm							
12:30 - 1:00pm							
1:00 - 1:30pm							
1:30 - 2:00pm	Fitness on Demand Available 1:00 - 5:00pm						
2:00 - 2:30pm							
2:30 - 3:00pm							
3:00 - 3:30pm							
3:30 - 4:00pm							
4:00 - 4:30pm							
4:30 - 5:00pm							
5:00 - 5:30pm							
5:30 - 6:00pm	Tumbling and Gymnastics 5:45 - 6:45 pm	Tumbling and Gymnastics 5:45 - 7:15 pm	Dance Classes 6:00 - 7:00 pm	Dance Classes 5:30 - 6:15 pm			
6:00 - 6:30pm							
6:30 - 7:00pm							
7:00 - 7:30pm	Available 6:45 - 9:00 pm	Available 7:15 - 9:00 pm	Available 7:00 - 9:00 pm	Available 6:15 - 9:00 pm			
7:30 - 8:00pm							
8:00 - 8:30pm							
8:30 - 9:00pm							
8:30 - 9:00pm							