

Winfield Recreation Commission

# YOUTH VOLLEYBALL RULES

## 3<sup>RD</sup>/4<sup>TH</sup> GRADE DIVISION

General Rules: Play will be governed by the latest KSHSAA volleyball rules except when in conflict with local rules as stated below:

**General Rules:**

1. Teams will play 3 games. The second team listed on the schedule is the home team and will have choice of serve or side for the first game. Teams will then alternate games two and three.
2. No player may play the ball twice in succession unless two players touch the ball simultaneously, as in passing or blocking.
3. Rally scoring will be used, which means a point will be scored on every play regardless of which team serves. A team wins the game when that team scores 20 points and has a 2-point advantage. The 3<sup>rd</sup> game will be played to 15 points.
4. After the serve, players may take any position on their side of the court. However, backcourt players cannot spike the ball in front of the 10' line.
5. Game time is forfeit time. A team must have four players present to avoid a forfeit.
6. Teams exchange courts at the end of each game.
7. The let serve will be in effect (when/if the served ball hits the net and goes over, it is playable).
8. When a team becomes eligible to serve, the player's rotation is clockwise.
9. Substitution must be made at the center back position. (After the serve is lost, server will rotate out). Additional players arriving late should be placed in the center back position as well. A substitute may come in at any position when replacing a player due to injury. Each team gets 1 time out (60 seconds) per game.
10. Serving line will be 5 foot closer than the normal serving line and will be clearly marked. After the serve is made the out of bounds is the normal out of bounds line not the serving line.
11. Service Run Rule: If one player scores 5 consecutive points on his/her serve, the serving team will give up their serve to the other team.

**Playing the Ball:**

1. The ball must be visible hit (not caught or held).
2. Simultaneous contact of the ball by teammates is considered one play and either player involved may participate in the next play.
3. If two opposing players contact the ball simultaneously directly above the net, either may play the ball on the next hit.

4. Any ball striking the wall, backboard, basket rim or net, shall be declared out of bounds. Any ball striking the ceiling on the side of team A and remaining on that side can be played assuming that team still has hits left.

**Unsportsmanlike Conduct:**

Winfield Recreation Commission sponsored leagues are designed solely for the recreational values derived by the players, coaches and spectators from the sport of volleyball. Any players, team, manager, coach or spectator who displays any form of unsportsmanlike conduct such as flagrant rule violation, vulgar language, engaging in fighting or obviously attempting to injure anyone, threatening or purposely touching a league official before, during or after a game may be suspended from the league and/or all leagues sponsored by the Recreation Commission. In addition, the team may be placed on probation. **Fees will not be refunded.**

Concussion Policy: If any player is showing any signs of head trauma or symptoms of concussion, that player must set out the remainder of the game and be checked out and cleared by a medical professional before returning to games or practices. A formal release from a medical professional must be turned into the WRC office before player is allowed to participate. Signs may be but not limited to: Drowsiness, nausea and vomiting, convulsions or seizures, increased confusion, restlessness or agitation, one pupil larger than the other, loss of consciousness, slurred speech, worsening headache or unusual behavior.